



## Fast Facts: Eating Disorders (Paperback)

By Hans Steiner, Martine F. Flament

Health Press Limited, United Kingdom, 2012. Paperback. Book Condition: New. 206 x 147 mm. Language: English . Brand New Book. The earlier a person with an eating disorder is treated, the greater the likelihood of physical and psychological recovery. Fast Facts: Eating Disorders guides the reader through the latest evidence in detection, diagnosis and efficacy of treatments for anorexia, bulimia and related disorders, including a practical overview of the: - risk factors - genetic, developmental and familial - questions to ask the patient - behavioral and physical signs and symptoms - screening tools and laboratory investigations - treatment goals and options. In this highly readable handbook, the two renowned authors demonstrate how a carefully coordinated and multidisciplinary - intervention can be successful. They address the important role of primary care physicians and other frontline healthcare workers in detecting eating disorders, working with the treatment team and monitoring the patient, and the positive impact these services can have on the rate and level of recovery.



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