



## The Path of Least Resistance: A 7-Step Guide to Financial Freedom for Young Adults (Paperback)

By Lauren Sainz

Createspace, United States, 2011. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This book will change not only how you handle your finances, but how you think about them, too. It's written with you in mind - you the young adult, who has zero education about money issues. I expect that what you've learned was learned through trial and error. And I think you'd agree that that method isn't working very well for you.

Mistakes when it comes to money are costly. Trust me, I know! By following the steps outlined in the book, you will change your attitude about money into a more positive one, and from there be able to really start to enjoy living out your life and your dreams. I help you to focus on the parts of your finances that you can control so that you can take small steps toward creating a financially free future. This isn't a college textbook with hundreds of financial definitions that could bore you. This isn't an investment management guide with dozens of opinions on how to invest in this stock or that...

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